“The most important thing in the Olympic Games is not to win but in life is not the triumph but the struggle. The essential thing is not

At the London 2012 Olympics…

**Erica Fong 方綺蓓 (BA, Year 2)**
Women’s 100m

“I love and enjoy sprinting!

80,000 roars of cheers and a full stadium may be a once-in-a-lifetime experience. It was an unforgettable memory, combined with the amazing feeling I had when I stood behind the starting blocks. I was excited to stand between the top athletes. Though I didn’t break the Hong Kong record in London, I clearly realised my weaknesses compared with the other athletes. Their amazing sprinting forms and warm-up procedures inspired me a lot and will help me to improve.

I would like to thank HKU and the Faculty of Arts for supporting me in my decision to defer my studies, which has allowed me to concentrate on my training. I will do my best to rock the track and beat the clock in future. Last but not least, I gain more than I lose on the track!”

**Polly Fung 馮樸琳 (BDS 2009)**
Games Makers (Olympic volunteer)

“The experience has been extraordinary; I could never imagine myself performing at the Olympics,” said Polly, a former Green Gown Guide (HKU Campus Tour’s docent) who is now doing a PhD in Dentistry (Oral Medicine) at the University College London (UCL). She received the UCL Volunteer Award 2011-12 in recognition of her commitment to volunteering.

Polly won a place to perform at the Opening Ceremony of the London 2012 Olympic Games after two auditions. She was one of the drummers in the “Industrial Revolution” section and a marshal to lead the athletes’ entry.

Polly met Dr Stephen Ng 吳呂南 (BA 1976) who served as a volunteer constable with the Metropolitan Police at the Olympics. Both are the committee members of the HKU Alumni Association UK Chapter. They are also mentors to HKU students in the UK.
to take part, just as the most important thing

by Pierre de Frédy, Baron de Coubertin

founder of the modern Olympic Games

Hayley Chan 陳晞文 (BA, Year 1)

Windsurfing

“There are always more hurdles to jump over.
That is what makes life interesting.”

My 2012 Games

March 29 — It was too good to be true. I shook hands with Rene, head coach of the windsurfing team, as he congratulated me on winning an Olympic selection. I had chosen to take a break from university and see how far I could go as an athlete. My parents and HKU were supportive of my decision. They gave me the trust, space and time to catch up with the top windsurfers in the world.

June 2 — Why was this happening? I was in utter shock and confusion as I lay in bed in Dorset County Hospital ICU. Two days earlier I collided with a 49er Olympic sailing class boat whilst training – five broken ribs and a midline incision from a splenectomy.

I was very lucky. We had some very good staff on the team who set up a rehabilitation programme for me. If I could survive having one-third of my blood inside my abdomen cavity, I felt I ought to do everything for my life’s dream. I had been at death’s door for the first time and I didn’t want any regrets when the next time came.

July 5 — First day back training on the water! Rene and Michael, who were in charge of my rehabilitation programme, did everything to get me safely and rapidly, but steadily, back into top shape.

July 16 — Moving into the Olympic Sailing Village, I felt tears surging inside me. I couldn’t wait to get on my board, hold my sail, and see how fast I was compared to the other girls. I felt I had nothing to lose, only better yet to come.

July 31 — First day of racing. We had a practice race the day before but today was the real thing. I had two good races and everybody was surprised how well I did. Again, Rene shook hands with me as we had achieved a target. This time, I could see he was really happy.

August 5 — I finished 12th at my first Olympic Games! I was extremely grateful that I was able to compete. Many people — the doctors, the physiotherapists, my parents, friends, coaches — had told me after my accident that participation in the Olympics itself would be an amazing achievement.

The happiest and most reassuring moment was that immediately after the last race I cried, and Rene told me he was proud of me.
A group of Class of 1984 alumni, their mentees and friends paid homage to Dr Sun Yat-Sen during a visit at Cui Heng Village 翠亨村 in Zhongshan. The group has met regularly since their silver jubilee reunion.

From left: Annie Ting 丁茵茵 (BSocSc 2010) and Jacqueline Law 羅苑之 (BA 2007), Josephine Chan 陳慧敏 (BSc(Eng) 1984), Neville Lai 黎啟枝 (BSc(Eng) 1984; MBA 1991), Vincent Yan, Cherry Tse 謝凌潔貞 (BA 1984), mentee Andrew Cheng 程希揚, Joyce Shih 施熙慶 (BA 1984), Mimi Yeung 楊玉珍 (BA 1984; MPA 1992), Maria Goretti Tai 戴卓琦 (BA 2008) and Sanny Yeung.

"My mentor has been very helpful in providing me with advice regarding how to plan my future career, pointing me to many things that are often overlooked from a student’s perspective but are very important in one’s working life.

We have always enjoyed great discussions about current topics of the international news. My mentor is very approachable and uncomplicated in interacting with other people. I find him to be an extremely friendly person who also impresses with his intelligence."

Jack Leung 梁冠強 (BSc 1977)
Athena Hui 許倩華 (BBA(Law), Year 3)

“Jack is a very knowledgeable mentor. He is always actively seeking opportunities to acquire new knowledge and skills even after retirement. He is active in joining the events co-organised by his mentees and took the initiative to invite us to participate in meaningful events as well. Having Jack as my mentor really gives me an opportunity to learn from his good traits and further improve on myself.”

Jack Leung (1st left) and his family cheered for his mentees including Athena (4th left) to Bare Foot Charity Walk in support of children who are suffering from hunger in Africa.
Class of 1977 Core Group

Deputy Vice-Chancellor Professor Roland Chin 錢大康 (middle) points the way for the old and the young!

“HKU produces leaders, not just top-notch scientists, professionals, policy makers, entrepreneurs, and successful executives. Leaders envision the future and inspire the community to achieve that future.”

This is the message that Professor Chin gave the Class of 1977 Alumni Core Group at their 35th anniversary gathering on July 29, 2012. The young ones in the front row are some of the mentees of the core group. Professor Chin’s advice to the young ones is, as the lyrics of the song goes: Don’t be afraid. Don’t be afraid to think differently and make the world better.

Bill Ho 何錦標 (BSc 1986)

To support the Children’s Cancer Foundation 兒童癌病基金, Bill joined the Hong Kong / Macau Canoe Expedition For Charity 2012 港澳慈善獨木舟遠征, organised by the Outward Bound (Alumni) Association of Hong Kong. As a beginner, Bill had to learn the basic techniques and practise in order to complete the 2x50km expedition within two days. With perseverance and hardwork, Bill made it!

「我對獨木舟只略懂皮毛, 要兩日完成2x50公里大海旅程實在是不可輕視。我基本上從頭學起, 使用划槳、轉體、蹬腳發力......從最初每兩、三星期練一次, 到後期的每星期練一、二次。除技術、體能等困難外, 亦需解決坐得太長兼不斷摩擦而造成的“股災”等。」

原定六月底舉行的遠征, 卻因颱風杜蘇芮襲港而被迫取消。後改期至八月二十六日, 並減為單程由澳門划回香港。惜另一颱風天秤直指香港，心想，這次完蛋了！幸好事態峰迴路轉，天秤受另一颱風布拉曼牽引，180度掉頭，香港風勢逐漸減弱！雖然出發當日，港澳兩地掛上一號風球，然而總指揮及各運動員都決定按原定計劃，十二艘雙人艇，從澳門黑沙灣啟程。

遺憾是當時天秤餘威未盡，海面北風很大，為安全計艇隊及所有運動員無可奈何地在南中國海大碌島對出登上護航船，送至大嶼山才再下海再戰，並與幾位兒童癌病康復者一起划往東涌，完成全程。途中更爭取時間，以獨木舟遊水鄉大澳，別具一番風味！」

Leung Kar-wai 梁家威 (BSc 2000)

Kar-wai studied animal and plant biotechnology. After graduation, he actively participated in illustration, design and publications works, which brought him several awards. His recent collection of “Unreal Record” 《不誠實記錄》 tries to recall school lives in the 80s and 90s.

「面對不能參透的世事與命運，我認為最好的辦法就是：通過不斷的努力，盡量做到不負人生。」
Lilian Ma 馬欣欣 (BSc 1967)

Dr Ma moved to Canada after graduating from HKU. She then obtained a doctoral degree in Chemistry in 1971 from Simon Fraser University as a National Research Scholar.

She is active in the Chinese community and was elected National President of the Chinese Canadian National Council, as well as being a Director on the Board of the Canadian Ethnocultural Council. She was the first Chinese Canadian to be appointed to the Ontario Human Rights Commission as a Commissioner.

In 1988, Dr Ma became the Chief of Public Education in the Race Relations Directorate of Multiculturalism Canada and, in 2005, she was appointed Chair of the Ontario Rental Housing Tribunal. She is active in the administrative tribunal community, being currently on the Board of Directors of the Council of Canadian Administrative Tribunals and that of the Society of Ontario Adjudicators and Regulators.

Celestine Chan Liu 陳廖愛嫻 (BA 1958)

Celestine received the 25 Years Ontario Volunteer Service Award from the Ontario Minister of Citizenship and Immigration. She was one of the Founders of The Chinese Family Services of Ontario and is still active with the Agency as member of the Board and its Committees.

George Yuen 袁金浩 (BA 1966)

Former Government Information Services Director and presently Independent Director, Industrial & Commercial Bank of China (Asia), George paid a courtesy call on the United Nations Secretary-General the Honourable Ban Ki Moon 禮基文 in June this year.

George also visited the United Nations Headquarters, as a guest at the 2012 United Nations Public Service Day Awards Ceremony, and hosted a luncheon showcasing the Chinese culinary delights for the UN awardees. Co-hosting the event was Thomas Woo Chu, President of the Food and Beverage International Association.

George was deeply impressed by Secretary-General Ban’s broad knowledge and openness, as well as his leadership and commitment to making the world a safe, environmentally friendly and peaceful place for all humankind to live, work and enjoy.
Vicki Li 李惠萍 (BA 2011)

Vicki (1st right), a former Green Gown Guide (HKU Campus Tour's docent), is now an Assistant Visitor Services Officer at the Legislative Council. During the guided tours, she shares the works of LegCo members, the facilities at the new LegCo Complex at Tamar, and the history of the legislature in Hong Kong with visitors from Hong Kong, the Chinese Mainland and other countries.

A New Page in Life!

A new member of the Cheung family, Karena Toby!

Ho Lai-shan 何麗珊
(LLB 2006; PCLL 2007)

Cheung Chi-wai 張智偉
(BEng(ECoM) 2006)

Lilian Wong 黃秀嫻
(BA 2010)

Simon Kwong 江祖胤
(BA 2001; MPhil 2004; PCLL 2008)

Pinky Wong 黃玉儀
(BEcon&Fin 2002)

Vicki (1st right), a former Green Gown Guide (HKU Campus Tour’s docent), is now an Assistant Visitor Services Officer at the Legislative Council. During the guided tours, she shares the works of LegCo members, the facilities at the new LegCo Complex at Tamar, and the history of the legislature in Hong Kong with visitors from Hong Kong, the Chinese Mainland and other countries.

Class Notes